


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 WESTERN NC <small>THRIVE MORE COMMUNITY</small>	1 10:00 Exercise (CR) 10:45 Trivia (CR) 1:30 Cranium Crunches (CR) 2:30 Uno! (CR) <small>May Day</small>	2 10:30 Bible Study (CR) 1:30 Walking Group (CR) 2:30 Drinks & Snacks on the Patio (CR)	3 10:00 Exercise (CR) 10:45 Pictionary (CR) 1:30 Jenga (CR) 2:30 Corn Hole (CR)	4 10:00 Exercise (CR) 2:00 Chapel (CH) 3:00 King's Corner (DR) 3:00 Walking Group (CR)	5 10:00 Fun w/ Flowers (CR) 1:30 Manicures and Music (CR) 3:00 Cinco De Mayo Guacamole, Salsa & Chips <small>Cinco de Mayo</small>	6 10:30 Bingo (CR) 2:30 Kings Corner (DR)
7 10:00 Sunday School (CR) 4:00 Worship (CH)	8 10:00 Exercise (CR) 10:45 Laughter is the Best Medicine (CR) 1:30 Junk Drawer Detective (CR) 2:30 Painting Class w/ Lisa (CR)	9 10:30 Bible Study (CR) 1:30 Walking Group (CR) 3:00 Drinks & Snacks on the Patio (CR)	10 10:00 Qigong w/ Susan Francis (LR) 10:45 Corn Hole (CR) 2:00 Mother's Day Social (DR)	11 10:00 Exercise (CR) 2:00 Chapel (CH) 3:00 King's Corner (DR) 3:00 Walking Group (CR)	12 10:00 Fun w/ Flowers (CR) 2:30 Bingo (CR) <small>Happy Birthday Doris C.</small>	13 10:30 Bingo (CR) 2:30 Kings Corner (DR)
14 10:00 Sunday School (CR) 4:00 Worship (CH) <small>Happy Birthday Mary Mc. Mother's Day National Skilled Nursing Care Week</small>	15 Milshake Monday!! 10:00 Trip to The Library <small>(Sign up at podium in DR- Meet at front desk)</small> 2:00 Milkshake Party (DR)	16 Taco Tuesday!! 10:30 Bible Study (CR) Taco's for Lunch 1:30 History of the Margarita (CR) 2:30 Margarita Bar (CR Patio)	17 Western Wednesday 10:00 Exercise (CR) 10:45 Brain Games (CR) 1:30 Bingo (CR) 2:30 Manicures & Music (CR) <small>Happy Birthday Karin L. Happy Birthday Terrie H.</small>	18 Tropical Thursday!! 10:00 Exercise (CR) 10:45 History of the Hawaiian Shirt (CR) 2:00 Chapel (CH) 3:00 King's Corner (DR) 3:00 Walking Group (CR) <small>Happy Birthday Ellen Mc. Happy Birthday Junior R.</small>	19 Funtastic Friday!! 10:00 Corn Hole Tournament Craftroom Patio Lunch Cookout 2:00 Carnival Games (CR)	20 10:30 Bingo (CR) 2:30 Kings Corner (DR) <small>Armed Forces</small>
21 10:00 Sunday School (CR) 4:00 Worship (CH)	22 10:00 Trip to Walmart <small>(Sign up at podium in DR- Meet at front desk)</small> 2:00 Concert w/ Tim Rogers (LR) <small>Victoria Day (Canada)</small>	23 10:30 Bible Study (CR) 1:30 Gardening Club Outside at raised beds 2:30 May Birthday Party (CR Patio)	24 10:00 Exercise (CR) 10:45 Reminisce-TV Shows 1:30 Corn Hole (CR) 2:45 Bingo (CR)	25 10:00 Exercise (CR) 2:00 Chapel (CH) 3:00 King's Corner (DR) <small>Shavuot Begins</small>	26 10:00 Fun w/ Flowers (CR) 2:30 Resident Council (CH) <small>Happy Birthday Jeanne H.</small>	27 10:30 Bingo (CR) 2:30 Kings Corner (DR) <small>Happy 100th Birthday!!! Lewis B.</small>
28 10:00 Sunday School (CR) 4:00 Worship (CH)	29 10:00 Eastern Shore Baptist Church Youth Choir Concert (LR) <small>Happy Birthday Thelma U. Memorial Day</small>	30 10:30 Bible Study (CR) 1:30 Walking Group (CR) 2:30 Drinks & Snacks on the Patio (CR)	31 1:30 Gardening Club Outside at raised beds Calendar Preview	<h1>May 2023</h1> <h2>Assisted Living Activities</h2>		

LOCATION KEY: CR-CRAFTROOM CH-CHAPEL DR-DINING ROOM LR-LIVING ROOM ACTIVITIES SUBJECT TO CHANGE Pick up Daily Chronicle in Dining Room